

ASSESSMENT OF SUICIDE AND RISK INVENTORY

THIS INVENTORY IS FOR DOCUMENTATION PURPOSES ONLY

Suicide risk assessment may be performed by many methods, including patient & collateral interviews, review of documentation, and the use of standardized screening tools.

PATIENT IDENTIFICATION

SUICIDE SCREEN NEGATIVE POSITIVE

Collateral Sources			
CHRONIC RISK FACTORS		ACUTE RISK FACTORS	
Suicide Specific		Suicide Specific	
Prior Suicide Attempt	<input type="radio"/>	Recent Suicidal Thinking or Behaviour	<input type="radio"/>
History of Suicidal Thinking or Behaviour	<input type="radio"/>	Active Suicidal Ideation	<input type="radio"/>
Patient Related		Patient Related	
History of Psychotic or Major Affective Disorder	<input type="radio"/>	Accessibility to Suicidal Means	<input type="radio"/>
Male Sex	<input type="radio"/>	Lethality of Suicidal Plan or Attempt	<input type="radio"/>
History of Aggression	<input type="radio"/>	System Related	
Ethnic or Cultural Risk Group	<input type="radio"/>	High Anxiety / Agitation on Interview	<input type="radio"/>
Chronic Illness Causing Severe Pain or Disability	<input type="radio"/>	Current Psychiatric Illness	<input type="radio"/>
System Related		Current Substance Misuse	<input type="radio"/>
Family History of Mental Health Disorder	<input type="radio"/>	No Compliance or Response to Treatment	<input type="radio"/>
Family History of Suicide	<input type="radio"/>	Impulsivity	<input type="radio"/>
History of Parental or Sibling Loss	<input type="radio"/>	Hopelessness	<input type="radio"/>
History of Trauma, Abuse, Neglect	<input type="radio"/>	System Related	
History of Frequent Change of Address	<input type="radio"/>	Recent Loss or Major Life Change	<input type="radio"/>
		Lack of Social Supports	<input type="radio"/>
		Lack of Professional Supports	<input type="radio"/>
		Caregiver Unavailable or Inappropriate	<input type="radio"/>
Acuity Assessment of Suicide Risk			
<input type="radio"/> CHRONIC		<input type="radio"/> CHRONIC with ACUTE Exacerbation	
<i>Multiple shaded items: significant risk</i>		<i>Multiple shaded items: significant risk</i>	
<input type="radio"/> CHRONIC		<input type="radio"/> ACUTE	
<i>Multiple shaded items: significant risk</i>		<i>Multiple shaded items: significant risk</i>	
Suicide Risk Assessment Rationale (may also include protective or other factors used in assessing risk)			
Subjective assessment of Suicide Risk (Based upon above and other sources, rate the subjective sense of suicide risk)			
<input type="radio"/> LOW		<input type="radio"/> MODERATE	
<input type="radio"/> LOW		<input type="radio"/> HIGH	
<input type="radio"/> LOW		<input type="radio"/> IMMIDENT	
Treatment/Interventions			
<input type="radio"/> No specific interventions recommended as risk felt to be baseline / low			
<input type="radio"/> Admit to hospital unit: <input type="radio"/> Consultation: <input type="radio"/> Notification: <input type="radio"/> Discussed safety planning <input type="radio"/> Discussed removing lethal means			
Follow-Up			
Completed By		Signature	
Date		Date	
		DD MM YY	

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CHRONIC RISK FACTORS

These are suicide risk factors that are not changeable and will likely remain throughout the lifespan of the person.

History of Suicide Attempt: A **major suicide attempt** in which life was threatened or non-intervention would have resulted in death.

Prior History of Suicidal Thinking or Behaviour: Suicidal behaviours of **low lethality**, parasuicide, utterances, writings, etc.

History of Psychotic / Major Affective Disorder: Major Depressive Disorder, Bipolar Disorder, Schizophrenia, Prodromal Psychosis, etc.

History of Aggression: Prior aggressive acts directed at self, harming others; history of bullying behaviours, etc.

Ethnic or Cultural Risk Group: **Aboriginal Peoples** (reserve/isolated), **Gay/Lesbian/Bisexual/Transgendered**, **Street Youth Culture**.

Chronic Illness with Severe Pain or Disability: Any chronic (or likely to be chronic) illness with significant impact on daily functioning.

Family History of Mental Health Disorder: Any mental health disorder identified in family members, "Unknown but suspected" is included.

Family History of Suicide: Any completed/attempted suicides or unexplained suspicious deaths in the family.

History of Parental or Sibling Loss: A death or traumatic loss of a parent/primary caregiver or sibling/habituated relative.

History of Trauma, Abuse, or Neglect: Accidental trauma, intentional abuse (physical, sexual, emotional, verbal), neglect, **and bullying**.

History of Frequent Change of Address: More than 5 major moves or changes of address before adolescence.

ACUTE RISK FACTORS

These are suicide risk factors that are able to change and only exist during certain times for, or states of, the person.

Recent Suicidal Thinking or Behaviour: A current presentation of suicidal thinking or behaviours. **This must represent a recent change.**
Chronic self-injury that has not changed in quality, even if recent, should not be included as an acute risk factor.

Active Suicidal Ideation: Active is defined as having a "formed method, time, or location" in the ideation. Not passive (abstract) ideation.

Accessibility to Suicidal Means: Has a realistic opportunity to acquire the suspected means of suicide. **Check if any access to firearms.**

Lethality of Suicidal Plan or Attempt: The suicidal planning or behaviours exhibited carry a **high chance of lethality**.

Current Psychiatric Illness: An ongoing mental illness that causes impairment in occupational, social, educational, or familial function.

Current Substance Misuse: Any ongoing use or current intoxication by alcohol or illicit substances.

No Compliance or Response to Treatment: Current treatments are not mitigating the symptoms of mental illness, even if compliant.

Impulsivity: Impatience, acting without forethought, difficulties planning or prioritizing, or unpredictable behaviour.

Hopelessness: Despair that the future will not get better, or that there is no reason to continue living. Severe negative thinking about the future.

High Anxiety/Agitation on Interview: Any demonstrated or suspected anxiety or agitation that significantly impacts the interview process.

Recent Loss or Major Life Change: Include deaths, separations, major relocations, relationship losses, educational transitions, etc.

Lack of Social Supports: Significant loss or lack of peer supports or opportunities to develop relationships with peers.

Lack of Professional Supports: Limited or no access to physicians, counsellors, social workers, community resources, etc.

Caregiver Unavailable or Inappropriate: A primary or attached caregiver is unavailable or inappropriate to provide care.

EXAMPLES OF "OTHER RISK FACTORS"

severe hopelessness

suicide pacts / groups

command hallucinations

copycat suicidal behaviour

declining school performance

increasing withdrawal from peers

EXAMPLES OF "PROTECTIVE RISK FACTORS"

supportive family network

pertinent negatives

strong positive cultural identity

oriented to the future

secondary gain for suicidal behaviour

personal success

excellent therapeutic rapport

good problem-solving skills

effective established treatments



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Please contact the author, Dr. Tyler R. Black at tblack@cw.bc.ca, for questions or to request permission for other uses.

This form is not medical advice and is only intended to document, not replace, clinical judgment.